

A young man in a white t-shirt, grey shorts, and a blue cap is performing a handstand on a wooden gymnasium floor. He is upside down, with his legs raised and feet together. In the background, several other people are watching or participating in the activity. The gymnasium has a high ceiling with a complex white truss structure and yellow walls. The floor is made of light-colored wood with black lines.

"I caught Professor Moore and the REC'N crew on the news this morning. Nice moves everyone and that is so awesome that you got funding for six more schools to have hip hop dance programs! I wish they had programs like yours when I was in school ." - Leslie Briggs, Halifax.