



AND INTERNATIONAL DANCE DAY

What are National Dance Week and International Dance Day?

Initiated in 1982 by the International Dance Committee in partnership with UNESCO, **International Dance Day (IDD) falls on April 29 of every year.** In Canada, we also celebrate **National Dance Week (NDW) from April 22-29.** It is a week in which dance is front and centre in every province and territory – performances, classes, dance parties, flash mobs, dance contests, and more! **NDW/IDD attracts the attention of a broad public, creating more opportunities for all** to experience dance.

What happens in Nova Scotia for NDW and IDD?

Did you know that *Dare to Dance* is the single most successful National Dance Week program in the country? **Dance Nova Scotia (DANS)** <https://www.dancens.ca/> the support organization for all dance in our province, **is the catalyst for celebrations in Nova Scotia.** DANS reaches out to schools, community organizations, dance studios and dance professionals, encouraging all to shine a light on their ongoing activities and create special ones to celebrate NDW. ... **but *Dare to Dance* is by far the biggest part of NDW celebrations in Nova Scotia.** This special initiative encourages whole schools to enjoy dance as a fun-filled and healthy activity.